



PERSONAL FIELD SECURITY TRAINING

PFST



**Case studies &
Group work**

**20 HOURS
5 HALF-DAYS**

Smaller groups
to facilitate learning, sharing
and practice

ATTESTATION

- OSC HPass Competency Badge

TARGET AUDIENCE

Anyone who is required to work in a demanding, isolated and/or potentially hostile environment.

GOAL

This training aims to build the capacity of participants to anticipate and respond to threats in hostile, degraded and dangerous environments. Through a participatory approach, the training team ensures that participants develop their knowledge, skills and know-how.

LEARNING OBJECTIVES - THE AKS APPROACH

Awareness

Raising participants' awareness by developing attendees' ability to understand their operational environment and their organisation's security approach.

Knowledge

To increase participants' knowledge of good practices when facing day-to-day security challenges.

Skills

Develop basic techniques and skills that each participant should master in order to analyse the risks of the environment and be able to react to emergency situations.



THE MODULES WE SUGGEST

...are flexible and adaptable to the realities & particularities that participants encounter in the field, aiming mainly to provide theoretical & practical knowledge and tools, as well as imparting skills in the field of:

PERSONAL SAFETY PRINCIPLES

Learning objective: Understand the principles of personal safety, with an emphasis on responsibility, individual behaviour.

Example of contents:

- Safety culture and safety documentation.
- Individual behaviour and its possible impact on the safety of all.

COMMUNICATION

Learning objective: Understand the advantages and drawbacks of communication media and how to use them intelligently.

Example of contents:

- Means of communication in a degraded and/or isolated environment (GSM, satellite, radio).
- Security of telecommunication means.



MINES, UXO, IED

Learning objective: To learn about mines, improvised explosive devices and unexploded ordnance and the most effective ways to reduce their impact.

Example of contents:

- Mitigation measures - how to be prepared for movement within a mined area or when IEDs are present.
- How to deal with a mine, UXO or IED.

MOVEMENT SECURITY

Learning objective: Identify threats, understand vulnerabilities and risks associated with vehicle movement.

Example of contents:

- Main threats related to the different modes of transport.
- Visibility problems.
- Risk analysis and mitigation measures.



SAFETY AND SECURITY IN PREMISES

Learning objective: Understand the vulnerability and risks associated with buildings and infrastructure.

Example of contents:

- Personal safety in a building.
- Fire safety.

WEAPONS IN THE FIELD

Learning objective: To learn the main categories of weapons used on the field (except mines, IE and UXO), and to know the most efficient ways to lower the impact.

Example of contents:

- Measures of attenuation – What need to be searched (sandbags, bunkers, windows).
- Measures of attenuation – What to do (during the movement or in dynamic circumstances).

STRESS MANAGEMENT

Learning objective: Understand basic notions of Travel Medicine, including stress. The session can also include a section about stress due to COVID-19.

Example of contents:

- Principal risks related to a mission: prevention and protection.
- Psychological risk: exposition, effects, manifestations and reactions.

KIDNAPPING

Learning objective: Understand the abduction' risk and attenuation measures.

Example of contents:

- The stages of kidnapping.
- Measures of elementary attenuation to avoid being kidnapped.
- The importance of survival.



HIBERNATION, EVACUATION, RE LOCALISATION

Learning objective: Presentation of practical and human aspects during mission interruptions.

Example of contents:

- Differences between hibernation, re localisation, lockdown, and evacuation.
- Right to leave, no right to stay.
- Content of the « grab bag » and content of the emergency aid kit.

SEXUAL VIOLENCE

Learning objective: Acute awareness of sexual assaults in the humanitarian sector, including the attenuation strategies and post-incident behaviours.

Example of contents:

- Range of definitions included under the term « sexual abuse ».
- Pertinence of the humanitarian sector - Strategies to reduce the risks from the personal security outlook - Post-incident assistance from the personal, organisational and witness outlook.

INTERCULTURALITY

Learning objective: Become more familiar with the way intercultural factors play a role in personal security.

Example of contents:

- Central role of the national staff in acceptance strategies (positive or negative).
- Role of the principal source of information played by the national personnel.

MANAGEMENT OF AGGRESSIVE BEHAVIOR

Learning objective: Be more familiar with basic techniques required to defuse tense situations in different contexts (aggression, check point).

Example of contents:

- Natural reflexes when facing an aggressive behavior.
- Self-control and situation analysis.
- Conflict management.

ACUTE STRESS

Learning objective: Identify what is an acute stress and adopt appropriate measures to deal with potential traumatizing situations.

Example of contents:

- Basic physiology of acute stress.
- Reactions to acute stress.
- Post-traumatic stress.

ROBBERY AND INCIDENT REPORTING

Learning objective: To face threats related to minor offences and armed robbery, as well as preparing and submitting an oral incident report.

Example of contents:

- How to behave during a personal attack.
- How to anticipate and behave during an armed robbery .
- The 5 Ws +H

We have two options for our trainings :

Open sessions, where participants from different NGOs will be present.

Closed sessions, adapted to your needs. You can choose the date, time, language (English, French, Spanish) and modules. Minimum 12 participants.

CONTACT & INFORMATION

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