# HOSTILE ENVIRONMENT AWARENESS TRAINING HEAT



## 75% PRACTICE 25% THEORY

**5 DAYS** 

16 participants max To facilitate learning, sharing & practice

FACE-TO-FACE

## **5 CERTIFICATES & ATTESTATIONS**

- Highfield (international)
- EFR-Emergency First Response (international)
- OSC HPass Competency Badge
- Stop the Bleed
  TECC-

NON-RESIDENTIAL

## TARGET AUDIENCE

Anyone travelling to moderate to high risk countries

## GOAL

To prepare and equip participants for high risk complex, fragile and hostile environment. Through a participatory approach, the pedagogical team ensures that the attendees develop their knowledge, skills and know-how. More than any other, the HEAT allows optimal immersion.

## **LEARNING OBJECTIVES - THE AKS APPROACH**

#### Awareness

Raising participants' consciousness by developing their abilities to understand their operational environment and their organisation's security approach.

### Knowledge

To increase participants' understanding of good practices when facing day-today security risks.

### Skills

Develop and implement basic techniques and tools that each participant should master in order to analyse the risks of the environment and to be able to react to emergency situations.







# HOSTILE ENVIRONMENT AWARENESS TRAINING HEAT



DEVELOPED TO PROVIDE PARTICIPANTS WITH THE NECESSARY SKILLS TO ANTICIPATE AND FACE THREATS PRESENT IN THEIR OPERATIONAL CONTEXT. THIS TRAINING FOCUSES ON GOOD PRACTICES AND PRACTICAL ASPECTS. A LARGE PART OF THE TRAINING IS DEDICATED TO ADVANCED SIMULATIONS AND FIRST AID/TRAUMA.

### HEAT TRAINING MODULES

### **CLASSIC MODE**

NON-RESIDENTIAL

- INTRODUCTION TO PERSONAL SECURITY
- COMMUNICATION
- EFFECTS OF WEAPONS & MINES, UXO, IED
- MOVEMENT SECURITY & DRIVING
- BUILDING SECURITY
- SAFETY AND SECURITY IN PREMISES
- ORIENTATION & NAVIGATION
- STRESS MANAGEMENT
- KIDNAPPING AND HOSTAGE-TAKING
- HIBERNATION, RELOCALISATION, EVACUATION
- SEXUAL VIOLENCE
- FIRST AID/ TRAUMA
- MENTAL HEALTH
- PSYCHOLOGICAL FIRST AID

# Focus on exercises and simulations

## Participatory approach

Optimal immersion



# **CONTACT & INFORMATION** 20% discount for National NGOs.

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#### TAILOR-MADE MODE

### ENTIRELY FLEXIBLE AND CUSTOMIZABLE

